

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dierckx Davy HEADCOACH

Coaches: Moeskops Kathleen

Coaches: Verbeek Mats

Coaches: Wouters Maxim

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 12: 100M BREASTSTROKE MIXED 10-9			Heat:2, starttime: 14:03
Heat: 2/6 Lane : 7 Athlete: VAN GORP FéLINE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MIXED 10-9			Heat:4, starttime: 14:08
Heat: 4/6 Lane : 8 Athlete: MERTENS CHARLOTTE			Q-time: 02:09:64
PB (50m pool): no time			PB (25m pool): 02:09.64 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MIXED 10-9			Heat:5, starttime: 14:11
Heat: 5/6 Lane : 5 Athlete: DE BIE APOLLINE			Q-time: 01:55:84
PB (50m pool): 01:59.47 SportinGenk Park 11/11/2025			PB (25m pool): 01:55.84 SB: 01:59.47 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:59.47	
	no time		
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 13: 50M BREASTSTROKE MEN 11+						Heat:7, starttime: 14:25	
Heat: 7/11 Lane : 7 Athlete: MERTENS DIETER						Q-time: 00:43:67	
PB (50m pool): 00:43.67 Wezenberg 04/01/2026						PB (25m pool): 00:43.91 SB: 00:43.67 Wezenberg 04/01/2026	
	5 0 M						
PB	00:43.67						
	00:43.67						
							

Coach feedback:

Event number: 13: 50M BREASTSTROKE MEN 11+										Heat:10, starttime: 14:29																													
Heat: 10/11																				Lane : 1					Athlete: FEYEN AEDEN										Q-time: 00:35:67				
PB (50m pool): 00:35.85										Antwerpen 15/03/2026										PB (25m pool): 00:35.67 SB: 00:35.85										Antwerpen 15/03/2026									
		5 0 M																																					
PB		00:35.85																																					
		00:35.85																																					
																																							

Coach feedback:

Event number: 13: 50M BREASTSTROKE MEN 11+					Heat:11, starttime: 14:30				
Heat: 11/11 Lane : 5 Athlete: VERBEEK SEM					Q-time: 00:31:66				
PB (50m pool): 00:33.03 Antwerpen 28/07/2024					PB (25m pool): 00:31.27 SB: no time				
	5 0 M								
PB	00:33.03								
	00:33.03								
									

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 14:31		
Heat: 1/11 Lane : 3 Athlete: BELLENS LORE							Q-time: 99:99:99		
PB (50m pool): 00:44.10 Antwerpen 16/10/2022							PB (25m pool): 00:39.96 SB: no time		
	5 0 M								
PB	00:44.10								
	00:44.10								
									

Coach feedback:

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Event number: 14: 50M BREASTSTROKE WOMEN 11+						Heat:5, starttime: 14:37	
Heat: 5/11 Lane : 1 Athlete: KENIS LOLA						Q-time: 00:48:90	
PB (50m pool): 00:48.90 Wezenberg 04/01/2026						PB (25m pool): no time SB: 00:48.90 Wezenberg 04/01/2026	
	5 0 M						
PB	00:48.90						
	00:48.90						
							

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+										Heat:8, starttime: 14:41																																							
Heat: 8/11										Lane : 8										Athlete: VAN LOMMEL ANTHE										Q-time: 00:43:06																			
PB (50m pool): 00:43.06										Wezenberg 01/02/2026										PB (25m pool): 00:44.45										SB: 00:43.06										Wezenberg 01/02/2026									
		5 0 M																																															
PB		00:43.06																																															
		00:43.06																																															
																																																	

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+										Heat:11, starttime: 14:45																													
Heat: 11/11																				Lane : 5					Athlete: MERTENS FEMKE										Q-time: 00:36:44				
PB (50m pool): 00:37.51										Wezenberg					03/01/2026					PB (25m pool): 00:36.44 SB: 00:37.51										Wezenberg					03/01/2026				
		5 0 M																																					
PB		00:37.51																																					
		00:37.51																																					
																																							

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 14:46		
Heat: 1/7 Lane : 4 Athlete: VAN ROOY ILYANO			Q-time: 99:99:99		
PB (50m pool): no time			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 14:46
Heat: 1/7 Lane : 7 Athlete: SERNEELS ROAN			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 14:49
Heat: 2/7 Lane : 5 Athlete: WILMS BRAM			Q-time: 01:48:02
PB (50m pool): 01:48.02 Antwerpen 15/03/2026			PB (25m pool): 01:51.00 SB: 01:48.02 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:51.64	01:48.02	
	00:51.64	00:56.38	
			

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 14:52
Heat: 3/7 Lane : 7 Athlete: JANSSENS ALEXANDER			Q-time: 01:44:08
PB (50m pool): 01:46.99 Wezenberg 01/02/2026			PB (25m pool): 01:44.08 SB: 01:46.99 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:50.94	01:46.99	
	00:50.94	00:56.05	
			

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 14:52
Heat: 3/7 Lane : 8 Athlete: BELLENS PIETER			Q-time: 01:46:73
PB (50m pool): no time			PB (25m pool): 01:46.73 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 14:54
Heat: 4/7 Lane : 7 Athlete: BROUNS PRYAM			Q-time: 01:38:51
PB (50m pool): 01:39.07 Wezenberg 04/01/2026			PB (25m pool): 01:38.51 SB: 01:39.07 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:46.09	01:39.07	
	00:46.09	00:52.98	
			

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 14:56
Heat: 5/7 Lane : 7 Athlete: VAN GORP TUUR			Q-time: 01:23:70
PB (50m pool): 01:25.07 Antwerpen 15/03/2026			PB (25m pool): 01:23.70 SB: 01:25.07 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.12	01:25.07	
	00:40.12	00:44.95	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 15:10
Heat: 4/10 Lane : 6 Athlete: KENIS JOSEPHINE			Q-time: 01:38:73
PB (50m pool): 01:42.20 Wezenberg 01/02/2026			PB (25m pool): 01:38.73 SB: 01:42.20 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:47.92	01:42.20	
	00:47.92	00:54.28	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 15:16
Heat: 7/10 Lane : 6 Athlete: DIERCKX FEMKE			Q-time: 01:28:52
PB (50m pool): 01:32.97 Antwerpen 15/03/2026			PB (25m pool): 01:28.52 SB: 01:32.97 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:43.90	01:32.97	
	00:43.90	00:49.07	
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 15:20
Heat: 9/10 Lane : 4 Athlete: JANSSENS ELISABETH			Q-time: 01:21:02
PB (50m pool): 01:21.30 Antwerpen 27/07/2025			PB (25m pool): 01:21.02 SB: 01:21.73 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:37.96	01:21.30	
	00:37.96	00:43.34	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 15:22
Heat: 10/10 Lane : 3 Athlete: BOVEN AXELLE			Q-time: 01:14:85
PB (50m pool): 01:16.72 Antwerpen 27/07/2025			PB (25m pool): 01:14.85 SB: 01:18.76 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:36.01	01:16.72	
	00:36.01	00:40.71	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 15:22
Heat: 10/10 Lane : 7 Athlete: MERTENS HELENA			Q-time: 01:18:74
PB (50m pool): 01:23.75 Wezenberg 05/01/2025			PB (25m pool): 01:18.74 SB: 01:27.10 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:39.32	01:23.75	
	00:39.32	00:44.43	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 15:22
Heat: 10/10 Lane : 8 Athlete: BIERINCKX MIE			Q-time: 01:20:38
PB (50m pool): 01:24.26 Antwerpen 21/07/2024			PB (25m pool): 01:20.38 SB: 01:24.77 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:24.26	
	no time		
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 17: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 15:24
Heat: 1/2 Lane : 3 Athlete: VAN GORP FéLINE					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 15:38
Heat: 3/5 Lane : 1 Athlete: MERTENS CHARLOTTE					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 18: 100M FREESTYLE MIXED 10-9					Heat:5, starttime: 15:43
Heat: 5/5 Lane : 3 Athlete: DE BIE APOLLINE					Q-time: 01:25:67
PB (50m pool): 01:27.75 SportinGenk Park 11/11/2025					PB (25m pool): 01:25.67 SB: 01:27.75 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M			
PB	no time	01:27.75			
	no time				
					

Coach feedback:

Event number: 19: 50M FREESTYLE MEN 11+					Heat:2, starttime: 15:47
Heat: 2/6 Lane : 1 Athlete: WILMS BRAM					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 19: 50M FREESTYLE MEN 11+										Heat:3, starttime: 15:48																					
Heat: 3/6 Lane : 5 Athlete: SERNEELS ROAN																				Q-time: 00:32:55											
PB (50m pool): 00:32.63 Antwerpen 15/03/2026										PB (25m pool): 00:32.55 SB: 00:32.63 Antwerpen 15/03/2026																					
		5 0 M																													
PB		00:32.63																													
		00:32.63																													
																															

Coach feedback:

Event number: 19: 50M FREESTYLE MEN 11+										Heat:3, starttime: 15:48																				
Heat: 3/6 Lane : 8 Athlete: JANSSENS ALEXANDER																				Q-time: 00:39:04										
PB (50m pool): 00:39.04 SportinGenk Park 21/04/2025																				PB (25m pool): 00:39.16 SB: no time										
	5 0 M																													
PB	00:39.04																													
	00:39.04																													
																														

Coach feedback:

Event number: 19: 50M FREESTYLE MEN 11+										Heat:4, starttime: 15:49																				
Heat: 4/6 Lane : 1 Athlete: MERTENS DIETER																				Q-time: 00:30:72										
PB (50m pool): 00:31.04 Wezenberg 04/01/2026										PB (25m pool): 00:30.72 SB: 00:31.04 Wezenberg 04/01/2026																				
	5 0 M																													
PB	00:31.04																													
	00:31.04																													
																														

Coach feedback:

Event number: 19: 50M FREESTYLE MEN 11+										Heat:5, starttime: 15:50																									
Heat: 5/6 Lane : 5 Athlete: BERTELS QUILLAN																				Q-time: 00:26:59															
PB (50m pool): 00:27.02 Wezenberg 03/01/2026										PB (25m pool): 00:26.59SB: 00:27.02 Wezenberg 03/01/2026																									
	5 0 M																																		
PB	00:27.02																																		
	00:27.02																																		
																																			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 20: 50M FREESTYLE WOMEN 11+						Heat:4, starttime: 15:56	
Heat: 4/9 Lane : 3 Athlete: KENIS LOLA						Q-time: 00:35:07	
PB (50m pool): 00:35.07 Wezenberg 04/01/2026						PB (25m pool): 00:38.42 SB: 00:35.07 Wezenberg 04/01/2026	
	5 0 M						
PB	00:35.07						
	00:35.07						
							

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+										Heat:5, starttime: 15:57																				
Heat: 5/9 Lane : 4 Athlete: VAN LOMMEL ANTHE																				Q-time: 00:31:68										
PB (50m pool): 00:31.68 Wezenberg 01/02/2026										PB (25m pool): 00:32.31 SB: 00:31.68 Wezenberg 01/02/2026																				
	5 0 M																													
PB	00:31.68																													
	00:31.68																													
																														

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+										Heat:8, starttime: 16:00																				
Heat: 8/9 Lane : 2 Athlete: BELLENS LORE																				Q-time: 00:29:59										
PB (50m pool): 00:30.09 Wezenberg 01/02/2026										PB (25m pool): 00:29.59 SB: 00:30.09 Wezenberg 01/02/2026																				
	5 0 M																													
PB	00:30.09																													
	00:30.09																													
																														

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+										Heat:9, starttime: 16:01																				
Heat: 9/9 Lane : 1 Athlete: MERTENS HELENA																				Q-time: 00:28:44										
PB (50m pool): 00:28.93 Antwerpen 27/07/2025										PB (25m pool): 00:28.44 SB: 00:29.02 Antwerpen 22/03/2026																				
	5 0 M																													
PB	00:28.93																													
	00:28.93																													
																														

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 20: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:01
Heat: 9/9 Lane : 6 Athlete: BOVEN AXELLE			Q-time: 00:27:82
PB (50m pool): 00:28.60 Wezenberg 01/02/2026			PB (25m pool): 00:27.82 SB: 00:28.60 Wezenberg 01/02/2026
	5 0 M		
PB	00:28.60		
	00:28.60		
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:3, starttime: 16:17
Heat: 3/12 Lane : 3 Athlete: VAN ROOY ILYANO			Q-time: 01:27:09
PB (50m pool): 01:28.48 Wezenberg 04/01/2026			PB (25m pool): 01:27.09 SB: 01:28.48 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:40.89	01:28.48	
	00:40.89	00:47.59	
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:5, starttime: 16:21
Heat: 5/12 Lane : 4 Athlete: BELLENS PIETER			Q-time: 01:15:53
PB (50m pool): 01:15.80 SportinGenk Park 11/11/2025			PB (25m pool): 01:15.53 SB: 01:15.80 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:15.80	
	no time		
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:7, starttime: 16:25
Heat: 7/12 Lane : 8 Athlete: BROUNS PRYAM			Q-time: 01:10:39
PB (50m pool): 01:11.98 Aalst 28/06/2025			PB (25m pool): 01:10.39 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.15	01:11.98	
	00:35.15	00:36.83	
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 21: 100M FREESTYLE MEN 11+			Heat:8, starttime: 16:26
Heat: 8/12 Lane : 1 Athlete: VAN GORP TUUR			Q-time: 01:07:72
PB (50m pool): 01:07.72 Wezenberg 04/01/2026			PB (25m pool): 01:10.17 SB: 01:07.72 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:32.36	01:07.72	
	00:32.36	00:35.36	
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:12, starttime: 16:33
Heat: 12/12 Lane : 6 Athlete: VERBEEK SEM			Q-time: 00:54:91
PB (50m pool): 00:55.19 ANTWERPEN 31/07/2022			PB (25m pool): 00:53.48 SB: 00:56.85 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	00:55.19	
	no time		
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:41
Heat: 4/12 Lane : 3 Athlete: KENIS JOSEPHINE			Q-time: 01:18:64
PB (50m pool): 01:18.94 Antwerpen 13/07/2025			PB (25m pool): 01:18.64 SB: 01:22.31 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	00:36.99	01:18.94	
	00:36.99	00:41.95	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:52
Heat: 10/12 Lane : 8 Athlete: DIERCKX FEMKE			Q-time: 01:08:15
PB (50m pool): 01:09.44 Wezenberg 01/02/2026			PB (25m pool): 01:08.15 SB: 01:09.44 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:33.01	01:09.44	
	00:33.01	00:36.43	
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:53
Heat: 11/12 Lane : 5 Athlete: JANSSENS ELISABETH			Q-time: 01:03:77
PB (50m pool): 01:04.63 Wezenberg 01/02/2026			PB (25m pool): 01:03.77 SB: 01:04.63 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:30.91	01:04.63	
	00:30.91	00:33.72	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:12, starttime: 16:55
Heat: 12/12 Lane : 5 Athlete: MERTENS FEMKE			Q-time: 01:01:23
PB (50m pool): 01:03.08 Antwerpen 08/03/2026			PB (25m pool): 01:01.23 SB: 01:03.08 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:29.56	01:03.08	
	00:29.56	00:33.52	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:12, starttime: 16:55
Heat: 12/12 Lane : 6 Athlete: BIERINCKX MIE			Q-time: 01:01:77
PB (50m pool): 01:04.15 Wezenberg 04/01/2026			PB (25m pool): 01:01.77 SB: 01:04.15 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:30.27	01:04.15	
	00:30.27	00:33.88	
			

Coach feedback: